

AUTUMN MENU WEEK ONE

WEEKS COMMENCING: 1/9, 22/9, 13/10, 10/11, 1/12

HEST ALVINGTON PRIMARY				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
C C MAIN ONE	Ham Pizza with Homemade Wedges, Salad Sticks and Sweetcorn	Devon Beef Lasagne with Fresh Salad and Fine Green Beans	Devon Pulled Pork Burger with Potato Balls, Fresh Salad and Sweetcorn	Cheesy Chicken Pasta Bake with Garlic Focaccia, Sweetcorn and Broccoli
NAME OF THE PARTY	— — — — — — Margherita Pizza with Homemade Wedges, Salad Sticks and Sweetcorn	— — — — — — Vegetable and Mixed Bean Lasagne with Fresh Salad and Fine Green Beans	Yorkshire Pudding Cottage Pie with Roast Potatoes, Carrots and Cabbage	Broccoli, Bean and Cauliflower Cheese Bake with White and Wholegrain Rice, Sweetcorn and Broccoli
JACKET POTATO	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings
SANDWICH	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo
DESSERT	Fresh Fruit Platter	— — — — — Fruit and Jelly	Banana Cake	Fruit and Oaty Cookie

Fish Cake with Chips, Baked Beans and Peas

FRIDAY

Butternut Squash and Bean Burger with Chips, Baked Beans and Peas

Jacket Potatoes served daily with a selection of fillings

Cheese, Ham or Tuna Mayo

> **Fruit and** Ice Cream







AUTUMN MENU WEEK TWO

WEEKS COMMENCING: 8/9, 29/9, 20/10, 17/11, 8/12

Raspberry Muffin

MEST ALVINGTON PRIM	
CC	MAIN ONE MAIN TWO
	JACKET POTATO SANDWICH
	DESSERT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese with Homemade Tomato and Herb Bread, Salad Sticks and Peas	Chicken Tikka Flatbread and Mint Yoghurt with Vegetable Rice, Sweetcorn and Fresh Salad	Devon Beef Stew with Homemade Bread, Batton Carrots and Fine Green Beans	Brunch: Devon Sausage, Bacon, Hash Brown Bites and Baked Beans	Salmon Fingers or Chicken Bites with Chips, Peas and Sweetcorn
Caribbean Vegetable and Bean Jambalaya with Homemade Tomato and Herb Bread, Salad Sticks and Peas	Vegetable filled Pitta and Mint Yoghurt with Vegetable Rice, Sweetcorn and Fresh Salad	Lentil and Vegetable Wellington with Roast Potatoes, Batton Carrots and Fine Green Beans	Vegetarian Brunch: Quorn Sausage, Hash Brown Bites, Baked Beans and Fresh Tomato	Vegetable Nuggets with Chips, Peas and Sweetcorn
Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings
Cheese, Ham or Tuna	Cheese, Ham or Tuna	Cheese, Ham or Tuna	Cheese, Ham or Tuna	

Fruit and

Strawberry Jelly

Fresh Fruit Platter

Peach and Apple

Crumble and Custard

Fruit and

Custard Cookie







WEST ALVINGTON PRIMARY

AUTIIMN MFNU WEEK THREE

WEEKS COMMENCING: 15/9, 6/10, 3/11, 24/11, 15/12

IACKET POTATU

MONDAY TUESDAY WEDNESDAY THURSDAY

Tomato and Pevon Beef Chilli

Mozzarella Pasta

Bake with Homemade

Focaccia, Sweetcorn and

Fresh Chopped Salad

Vegetable and

Cheese Long Boats

with Sweetcorn

and Fresh Salad

Jacket Potatoes

served daily with a

selection of fillings

Cheese Ham

or Tuna

Fresh Fruit Platter

Sweet and Sour Crispy Chicken with Plain Noodles, Broccoli and Peas

Chinese Style Vegetable and Bean Noodles with Salad Sticks and Peas

Jacket Potatoes served daily with a selection of fillings

> Cheese, Ham or Tuna

Fruit and Orange Jelly Devon Roast Gammon with Roast Potatoes and Fine Green Beans

Vegetarian Sausage Toad in the Hole with Roast Potatoes, Carrots and Fine Green Beans

Jacket Potatoes served daily with a selection of fillings

> Cheese, Ham or Tuna

Fruit and Shortbread Cookie Devon Beef Chilli with White and Wholegrain Rice, Tortilla Chips

and Sweetcorn

Five Bean Chilli with White and Wholegrain Rice, Tortilla Chips and Sweetcorn

Jacket Potatoes served daily with a selection of fillings

Cheese, Ham or Tuna

Strawberry Mousse

Breaded Fish with Chips, Peas and Beans

FRIDAY

Cheese and Bean Pasty with Chips, Peas and Beans

Jacket Potatoes served daily with a selection of fillings

> Cheese, Ham or Tuna

Fruit and Chocolate Muffin

We are pleased to offer a variety of allergen free options on our food menu. Although all food prepared in a kitchen that handles most allergens and therefore we consider a containing the contamination will never occur, we do take every possible precaution to prevent this from happe



